



813-907-MEAL (6325)

<http://www.mobilemeals.com>

Juice Factory

Juices

Remedy Juice	\$7.49
<i>Carrot, apple, kale, red pepper, lemon, and ginger.</i>	
Sweetheart Juice	\$7.49
<i>Beet, pineapple, spinach, yellow pepper, lemon, and ginger.</i>	
Green Glow Juice	\$7.49
<i>Apple, cucumber, lemon, kale, and spinach.</i>	
What's Up Doc Juice	\$7.49
<i>Carrot, orange, and ginger.</i>	
Cleanse Juice	\$7.49
<i>Apple, lemon, cucumber, celery, kale, spinach, and ginger.</i>	
Caribbean Juice	\$7.49
<i>Pineapple, orange, spinach, and ginger.</i>	
Tropical Carrot Juice	\$7.49
<i>Carrot, celery, green apple, and pineapple.</i>	
Chapel Apple Juice	\$7.49
<i>Green apple, orange, pineapple, and beet.</i>	
Green Vacay Juice	\$7.49
<i>Pear, kale, spinach, green apple, and coconut water.</i>	
Carrot Top Juice	\$7.49
<i>Apple, carrot, and parsley.</i>	

Bowls

Pitaya Bowl	\$11.24
<i>Pitaya, pineapple, banana, almond milk, and granola.</i>	
Acai Bowl	\$9.49
<i>Acai, mixed berries, almond milk, banana, and granola.</i>	
Oatmeal Chia Bowl	\$9.49
<i>Rolled oats, almond milk, maple syrup, cinnamon, chia seeds, and granola.</i>	
Yogurt Bowl	\$9.49
<i>Greek or plain yogurt, granola, honey, and your choice of two fruits.</i>	
Monkey Bowl	\$9.49
<i>Banana, peanut butter, granola, almond milk, and protein powder.</i>	
Mango Bowl	\$9.49
<i>Mango, coconut milk, chia seeds, banana, and granola.</i>	
Goji Berries Bowl	\$9.49
<i>Goji, raspberry, blueberry, strawberry, banana, almond milk, and granola.</i>	
Blue Sunset Bowl	\$9.49
<i>Butterfly pea flower powder, pineapple, coconut milk, avocado, and granola.</i>	
Chia Pudding Bowl	\$9.49
<i>Chia seeds and coconut milk.</i>	

Salad

Buffalo Chicken Salad	\$9.49
<i>Chicken, spring mix, tomato, carrot, celery, onion, blue cheese crumble, and buffalo dressing.</i>	
Fresh Chicken Salad	\$9.49

Specialty Juices

Heartfelt Specialty Juice	\$8.99
<i>Pear, carrot, ginger, beet, wheatgerm, and chia seeds.</i>	
Body Shield Specialty Juice	\$8.99
<i>Orange, spinach, apple, carrot, bee pollen, beet, and ginger.</i>	
Stress Less Specialty Juice	\$8.99
<i>Cucumber, celery, pineapple, beet, and maca.</i>	
Mean Lean Specialty Juice	\$8.99
<i>Cucumber, lemon, apple, pear, grapefruit, and garcina cambogia.</i>	
Rise and Shine Specialty Juice	\$8.99
<i>Kale, carrot, apple, celery, parsley, and goji berry.</i>	
Refreshing Matcha Specialty Juice	\$8.99
<i>Apple, spinach, cucumber, lemon, and matcha green tea.</i>	
Wellness Specialty Juice	\$8.99
<i>Orange, cucumber, kale, lemon, turmeric, cayenne pepper, and ginger.</i>	
Cease A Sneeze Specialty Juice	\$8.99
<i>Orange, pineapple, red bell pepper, celery, cayenne pepper, and ginger.</i>	
Fresh Start Specialty Juice	\$8.99
<i>Carrot, orange, mint, celery, lime, guarana, and ginger.</i>	
Pain Killer Specialty Juice	\$8.99
<i>Pineapple, carrot, red bell pepper, turmeric, and kale.</i>	

Specialty Smoothies

Wake Up Call Specialty Smoothie	\$7.49
<i>Espresso powder, nutella, almond milk, and banana.</i>	
Powerhouse Specialty Smoothie	\$7.49
<i>Protein powder, chia seeds, spirulina, almond milk, banana, blueberry, and spinach.</i>	
Gingerbread Specialty Smoothie	\$7.49
<i>Ginger, milk, vanilla whey, cinnamon, greek yogurt, ground cloves, and dates.</i>	
Pina Verde Specialty Smoothie	\$7.49
<i>Pineapple, spinach, orange juice, banana, and spirulina.</i>	
Yes Whey Specialty Smoothie	\$7.49
<i>Banana, honey, almond milk, yogurt, and vanilla whey.</i>	
Pink Lady Specialty Smoothie	\$7.49
<i>Pitaya, strawberry, banana, almonds, almond milk, and dates.</i>	
Wild Oats Specialty Smoothie	\$7.49
<i>Rolled oats, cinnamon, cacao nibs, peanut butter, banana, and honey.</i>	
Soy Banana Specialty Smoothie	\$7.49
<i>Soy protein, soymilk, banana,</i>	

Create-Your-Own Juice

Create-Your-Own Juice	\$6.59
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Smoothies

Kooky Peanut Butter Smoothie	\$6.49
<i>Peanut butter, banana, almond milk, and honey.</i>	
Bruce Berry Downs Smoothie	\$6.49
<i>Blueberry, strawberry, raspberry, banana, and almond milk.</i>	
Coconutrageous Smoothie	\$6.49
<i>Coconut milk, coconut water, coconut cream, coconut flakes, and cinnamon.</i>	
Peanut Berry Bliss Smoothie	\$6.49
<i>Peanut butter, banana, strawberry, and almond milk.</i>	
Creamy Orange Swirl Smoothie	\$6.49
<i>Orange, banana, orange juice, and vanilla.</i>	
Go Peachy Smoothie	\$6.49
<i>Peach, mango, and peach juice.</i>	
Island Breeze Smoothie	\$6.49
<i>Papaya, peaches, mango, pineapple, banana, and guava.</i>	
Tropical Sunrise Smoothie	\$6.49
<i>Mango, strawberry, pineapple, and orange juice.</i>	
Papaya Passion Smoothie	\$6.49
<i>Pineapple, papaya, banana, and coconut milk.</i>	
Berry Pom Bomb Smoothie	\$6.49
<i>Strawberry, blueberry, raspberry, and pomegranate.</i>	
Blue Cranberry Smoothie	\$6.49
<i>Blueberry, raspberry, banana, and cranberry.</i>	
Cocoberry Smoothie	\$6.49
<i>Mixed berries, banana, and coconut milk.</i>	
Classic Colada Smoothie	\$6.49
<i>Pineapple, coconut milk, coconut flakes, and banana.</i>	
Green Bull Smoothie	\$6.49
<i>Cucumber, spinach, kale, pineapple, and coconut water.</i>	

Toast

Nutella Toast	\$5.99
<i>Nutella, strawberries, almond slices, and cacao nibs.</i>	
Pb and Berries Toast	\$5.99
<i>Peanut butter, blueberries, raspberries, granola, honey, cinnamon, and chia seeds.</i>	
Almond Butter Toast	\$5.99
<i>Almond butter, hemp seeds, and raw honey.</i>	
Cinnamon Raisin Toast	\$5.99
<i>Nonfat vanilla yogurt, banana, chia seeds, and honey.</i>	
Avocado Bruschetta Toast	\$5.99
<i>Avocado, feta cheese, onions, garlic, salt, lemon, cilantro, tomato, and balsamic vinegar.</i>	
Avocado Toast	\$5.99
<i>Avocado, lime, salt, pepper, red</i>	

<i>Chicken, spring mix, tomato, almond, onion tomato, feta cheese, and carrots.</i>	
Black Bean Kale Salad	\$9.49
<i>Kale, black bean, corn, red onion, cilantro, avocado, and avocado ranch dressing.</i>	
Thai Salad	\$9.49
<i>Kale, green cabbage, red cabbage, red pepper, carrot, cilantro, and peanut dressing.</i>	
Tuna Salad	\$9.49
<i>Tuna, spring mix, tomato, apple, almond, onion, feta cheese, and ginger.</i>	
Strawberry Salad	\$9.49
<i>Chicken, spring mix, tomato, strawberry, pecan, onion, feta cheese, strawberry, and vinaigrette dressing.</i>	
Sweet Kale Salad	\$9.49
<i>Kale, red cabbage, sunflower seeds, dried cranberry, carrot, and poppy seed dressing.</i>	
Quinoa Salad	\$9.49
<i>Quinoa, cucumber, tomato, red pepper, red onion, cilantro, and avocado ranch dressing.</i>	
Avocado Veggie Salad	\$9.49
<i>Avocado, spring mix, celery, tomato, carrot, cucumber, almonds, and avocado ranch dressing.</i>	

<i>honey, and cinnamon.</i>	
Green Bull Specialty Smoothie	\$7.49
<i>Cucumber, spinach, kale, pineapple, and coconut water.</i>	
Slim Berry Specialty Smoothie	\$7.49
<i>Blueberry, pineapple, raspberry, and garcinia cambogia.</i>	

Shots

Ginger Shot	\$4.25
Turmeric Shot	\$4.25
Wheatgrass Shot	\$4.25
Fire Bomb Shot	\$5.25
<i>Two (2) oz. Pineapple, ginger, and cayenne.</i>	
Hulk Smash Shot	\$5.25
<i>Two (2) oz. Wheatgrass and ginger.</i>	
Ginger Slam Shot	\$5.25
<i>Two (2) oz. Ginger and lemon.</i>	
Turbo Turmeric Shot	\$5.25
<i>Two (2) oz. Turmeric, honey, and lemon.</i>	
Immunity Blast Shot	\$5.25
<i>Two (2) oz. Ginger, turmeric, cayenne, and lemon.</i>	
Lemon Drop Shot	\$5.25
<i>Two (2) oz. Lemon, cayenne, and honey.</i>	

pepper, and olive oil.

Wraps

Buffalo Chicken Wrap	\$9.49
<i>Chicken, spring mix, tomato, carrot, celery, onion, blue cheese crumble, and buffalo dressing.</i>	
Fresh Chicken Wrap	\$9.49
<i>Chicken, spring mix, tomato, almond, onion tomato, feta cheese, and carrots.</i>	
Black Bean Kale Wrap	\$9.49
<i>Kale, black bean, corn, red onion, cilantro, avocado, and avocado ranch dressing.</i>	
Thai Wrap	\$9.49
<i>Kale, green cabbage, red cabbage, red pepper, carrot, cilantro, and peanut dressing.</i>	
Tuna Wrap	\$9.49
<i>Tuna, spring mix, tomato, apple, almond, onion, feta cheese, and ginger.</i>	
Strawberry Wrap	\$9.49
<i>Chicken, spring mix, tomato, strawberry, pecan, onion, feta cheese, strawberry, and vinaigrette dressing.</i>	
Sweet Kale Wrap	\$9.49
<i>Kale, red cabbage, sunflower seeds, dried cranberry, carrot, and poppy seed dressing.</i>	
Quinoa Wrap	\$9.49
<i>Quinoa, cucumber, tomato, red pepper, red onion, cilantro, and avocado ranch dressing.</i>	
Avocado Veggie Wrap	\$9.49
<i>Avocado, spring mix, celery, tomato, carrot, cucumber, almonds, and avocado ranch dressing.</i>	