



813-907-MEAL (6325)

<http://www.mobilemeals.com>

La Septima Cafe

Lunch Specials

Except for the Featured Special, all lunches are served with yellow or white rice, and black beans (NO Substitutions). Available daily from 11 Am - 5 PM.

- | | |
|---|---------|
| Lunch Ropa Vieja | \$9.95 |
| <i>Old Clothes - Shredded tender flank steak slow simmered in a burgundy wine sauce.</i> | |
| Lunch Picadillo | \$9.95 |
| <i>Ground beef, olives and capers in a seasoned tomato sauce and topped with shoestring potatoes.</i> | |
| Lunch Lechon Asado | \$9.95 |
| <i>Fresh pork marinated in our own sour orange mojo until it has soaked up the delicious blend of seasonings and then slow-roasted to perfect tenderness.</i> | |
| Lunch Baked Chicken | \$9.95 |
| <i>Yellow rice and chicken just like our mothers' and grandmothers', seasoned with real saffron and lots of love!</i> | |
| Lunch Featured Special - Cuban Fusion Bowl | \$10.95 |
| <i>Yellow rice topped with black beans, platanos, your choice of chicken, ropa vieja, picadillo or roast pork and guava sour cream and chimichurri sauce.</i> | |

Sandwiches

- | | |
|---|---------|
| The "Cuban" Sandwich | \$9.50 |
| <i>Smoked ham, roasted pork, Genoa salami, Swiss cheese, pickle, mustard, and mayonnaise. Try it "hot pressed." Optional as half a sandwich and a cup of soup. Option to make it a Cuban Sandwich Wrap.</i> | |
| Palomilla Steak Sandwich | \$13.95 |
| <i>Your choice of breaded or unbreaded palomilla steak topped with grilled onions, mustard, or mayonnaise. Comes with chips</i> | |
| The Agliano Sandwich | \$9.95 |
| <i>Spanish-style whitefish filet dusted with seasoned bread crumbs and deep fried. Topped with lettuce, tomato, pickle, and our house tartar sauce.</i> | |
| Media Noche Sandwich | \$8.15 |
| <i>Egg bread, roast pork, ham, Swiss cheese, dill pickle chips, and mustard.</i> | |
| The Casino Sandwich | \$9.95 |
| <i>Our slow roasted pork topped with thinly sliced onions marinated in our sour orange and garlic mojo on Cuban bread then hot pressed. Mojo for dipping and garnished with Spanish chips.</i> | |
| Ropa Vieja Sandwich | \$10.95 |
| Half Cuban Sandwich with Cup of Soup | \$10.95 |
| Half Pork Sandwich with Cup | \$11.50 |

Salads

Choice of homemade dressings: Vinaigrette, Creamy Herb, Ranch or Bleu Cheese.

- | | |
|--|---------|
| House Salad | \$4.99 |
| <i>Mixed greens, tomatoes, purple onions, and olives</i> | |
| Small Seventh Ave Salad | \$11.75 |
| <i>Crisp lettuce topped with a mixture of ham, Genoa salami and Swiss cheese. Garnished with tomatoes, purple onions, olives, pepperoncini peppers, green pepper, & Parmesan cheese. *Modifications are not possible on this salad.*</i> | |
| Large Seventh Ave Salad | \$14.00 |
| <i>Crisp lettuce topped with a mixture of ham, Genoa salami and Swiss cheese. Garnished with tomatoes, purple onions, olives, pepperoncini peppers, green pepper, & Parmesan cheese. *Modifications are not possible on this salad.*</i> | |
| Side of Creamy Herb Dressing | \$0.50 |
| Side of Bleu Cheese Dressing | \$0.50 |
| Side of Vinaigrette Dressing | \$0.50 |
| Side of Ranch Dressing | \$0.50 |

Authentic Ybor Dishes

- | | |
|---|---------|
| Arroz con Pollo | \$13.75 |
| <i>Yellow rice and chicken just like our mother's and grandmother's seasoned with real saffron and lots of love! Served with yellow rice and one side item.</i> | |
| Ropa Vieja | \$17.95 |
| <i>"Old Clothes" - Shredded tender flank steak slow simmered in a burgundy wine sauce. Served with yellow rice and one side.</i> | |
| Picadillo con Papas Fritas | \$13.95 |
| <i>Ground beef, olives and capers in a seasoned tomato sauce and topped with shoestring potatoes. Served with Rice and one side.</i> | |
| Walk Around Septima | \$16.95 |
| <i>A sampling of house favorites. Ropa vieja, picadillo and Lechon Asado served with black beans and rice. No substitutions, please.</i> | |
| Breaded Palomilla Steak | \$16.50 |
| <i>Breaded palomilla steak topped with grilled onions.</i> | |
| Palomilla Milanesa | \$17.50 |
| <i>Breaded palomilla steak topped with a rich tomato sauce and garnished with chopped boiled eggs, peas, pimientos, and grated Romano cheese.</i> | |
| Steak Pepe | \$16.95 |
| <i>Breaded and fried palomilla steak topped with peas, parsley, pimientos, red onions, and a burgundy wine sauce. Served with two side items.</i> | |
| Lechon Asado | \$17.25 |
| <i>Fresh pork marinated in our own sour orange mojo until it has soaked up the delicious blend of seasonings</i> | |

Family Meals - La Cantina de La Septima Cafe

The following family meals are served with rice, with tossed salad & black beans, Cuban bread, and olive butter with one 2 liter Bottle of Coke, Diet Coke, or Sprite. Each family meal serves four.

- | | |
|--|---------|
| Picadillo Family Meal | \$39.95 |
| Ropa Vieja Family Meal | \$39.95 |
| Lechon Asado Family Meal | \$39.95 |
| Pescado a la Rusa Family Meal | \$39.95 |
| Breaded Palomilla Steak Family Meal | \$44.95 |
| Arroz Con Pollo Family Meal | \$39.95 |
| <i>Whole chicken cut in quarters, served with yellow rice, your choice of tossed salad or black beans, Cuban bread, with olive butter and one 2 ltr. Bottle of Coke, Diet Coke, or Sprite.</i> | |
| Bistec Milanesa Family Meal | \$44.95 |

A La Carte

(Prices per serving)

- | | |
|--|---------|
| Mini Croquetas de Jaiba (5 mini crabs) | \$8.95 |
| Basket of Bread | \$2.50 |
| <i>Six pieces of bread.</i> | |
| Whole Loaf of Bread | \$3.25 |
| Deviled Crab | \$8.75 |
| <i>Made fresh daily in our kitchen with 100% Blue Crab claw meat (may contain shell)</i> | |
| Cuban Toast - Pressed | \$2.50 |
| Chefs Choice | \$4.25 |
| <i>Daily Vegetables.</i> | |
| Peas | \$4.25 |
| Yellow Rice | \$4.25 |
| White Rice | \$4.25 |
| Yuca | \$4.25 |
| Platanos Maduros | \$4.25 |
| Cup of Olive Butter | \$2.50 |
| Bowl of Olive Butter | \$5.00 |
| Bowl of Creamy Herb Dressing | \$5.00 |
| Quart of Olive Butter | \$10.00 |
| Cup of Creamy Herb Dressing | \$2.50 |
| Quart of Creamy Herb Dressing | \$10.00 |

Soup

Favorites

- Quesadillas \$11.50
Made with pulled pork, chicken, or ropa onions, peppers, mixed cheeses, and grilled on two flour tortillas. Guava sour cream.
- Yuca Fries \$8.25
Golden fried yuca tossed with our garlic and Parmesan cheese sauce
- Papa Rellena - Mini Stuffed \$7.25
- Potatoes
- Basket of Homemade Spanish \$3.95
- Chips
- Croqueta De Jaiba (Devil Crab) \$9.95
Made fresh daily in our kitchen with 100% Blue Crab claw meat (may contain shell)

Soups

- Chicken Soup
- Black Bean Soup
- Spanish Bean Soup
- Caldo Gallego Soup

and then slow-roasted to perfect tenderness.

- Pescado a La Rusa \$16.95
Spanish-style whitefish filet dusted in seasoned bread crumbs and fried. Topped with our Russian-style sauces.
- Black Beans and Rice \$6.25
Your choice of yellow or white rice topped with our delicious black beans.
- Palomilla Parmesan \$17.75
Breaded palomilla steak topped with house made marinara sauce, mozzarella and parmesan cheese. Served with white or yellow rice and tossed salad.
- Fusion Bowl \$14.50
Rice, Black Beans and Platanos. Comes with your choice of Chicken, Ropa Vieja, Picadillo, Pork or Fish.

Kids-Para Los Ninos

Children's menu.

- Kids Pork and Yellow Rice \$5.95
- Kids Ropa Vieja and Yellow Rice \$5.95
- Rice
- Kids Picadillo and Yellow Rice \$5.95
- Kids Macaroni and Cheese and \$4.95
- Chips

Dessert

- Chocolate Cake \$4.95